

ST. PAUL CME

V3

VISION - VIBRANCY - VICTORY

THE YEAR OF 2023

Prayer & Fasting
Guide

23 Days in 2023

www.thepaulsavannah.com

“I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, and his incomparably great power for us who believe...”

Ephesians 1:18-19 NIV

Happy New Year family!!!

What an awesome God we serve! God has blessed us and kept us to see 2023. In this New Year, we have a wonderful opportunity to draw closer to our gracious and loving God. My earnest hope, prayer and desire is that you experience **V3 in 2023!** To be **V3** means to be a people of vision, vibrancy and victory!

I hope you will join me as we seek our God over the next **23** days by intentionally spending time in prayer and purposeful devotion through fasting. For the next **23** days we will begin each morning at 7:30 AM with scripture, a meditation, prayer and a praise moment via Zoom. I am asking all members that can, to join me on Zoom everyday except Sundays. I also encourage you to fast from breakfast for the first seven days, lunch the next eight days and breakfast and lunch the last eight days. I believe that as we dedicate ourselves to seeking vision and vibrancy our loving God will show us victory!

Pastor T

Join Zoom Meeting Link
<https://us02web.zoom.us/j/86178502470>

Meeting ID: 861 7850 2470

Or dial by your location 1 (301) 715-8592

Christian fasting is the voluntary denial of something for a specific time, for a spiritual purpose, by an individual, family, community or nation.

- ♦ **Voluntary denial of something.** Fasting in the Bible relates mostly to food, however today, Christians are finding great benefit in fasting from other components of daily life, such as coffee, caffeine, shopping, social media, television, movies, and various forms of technology. If you are unable to fast from food for medical reasons you may choose a similar fast.
- ♦ **For a specific time.** Fasting is different from an on-going lifestyle habit. Fasting lasts for a day, a weekend, a week or even six weeks.
- ♦ **For a spiritual purpose.** A Christian fast is primarily for the purpose of drawing near to God. A fast without prayer and reflection will seldom result in the kind of freedom God desires to give us when we fast.
- ♦ **By an individual, family, community or nation.** Individual fasts can be very rewarding, a time of drawing close to God in our hearts. Fasting with others has major benefits including: encouragement, prayer together and building unity.
- ♦ **Remember that the primary purpose of Christian fasting is not to change habits, confront addictions, or lose weight.** A Christian fast comes from the desire to draw near to God, pure and simple.
- ♦ **During this fast we will utilize the S.O.A.P. method.** This method consists of reading a specific scripture or passage of scripture, observing what the passage is sharing with us, applying the passage to our life and praying for God's help each day as we apply what has been revealed.

FOCUS	DATE	S	O	A	P
Vision	Jan 9	<i>Proverbs 29:18</i>			
Vision	Jan 10	<i>Joel 2:15-17, 28-30</i>			
Vision	Jan 11	<i>Genesis 37:5</i>			
Vision	Jan 12	<i>John 16:12 -14</i>			
Vision	Jan 13	<i>Psalms 119:17-18, 32-35</i>			
Vision	Jan 14	<i>Habakkuk 2:3-4</i>			
Vision	Jan 15	<i>Matthew 8:7-8</i>			
Vision	Jan 16	<i>Acts 26:19</i>			

FOCUS	DATE	S scripture	O observation	A application	P my prayer
Vibrancy	Jan 17	<i>Psalm</i> <i>1:3</i>			
Vibrancy	Jan 18	<i>John</i> <i>15:5,7</i>			
Vibrancy	Jan 19	<i>Job</i> <i>18:16</i>			
Vibrancy	Jan 20	<i>Acts</i> <i>17:28</i>			
Vibrancy	Jan 21	<i>Romans</i> <i>11:33</i>			
Vibrancy	Jan 22	<i>Luke</i> <i>6:12</i>			
Vibrancy	Jan 23	<i>Psalm</i> <i>63:4-8</i>			
Vibrancy	Jan 24	<i>Ephesians</i> <i>2:10</i>			

FOCUS	DATE	S scripture	O observation	A application	P my prayer
Victory	Jan 25	<i>Isaiah 6:1-3</i>			
Victory	Jan 26	<i>Philippians 1:4-6</i>			
Victory	Jan 27	<i>II Kings 5:14</i>			
Victory	Jan 28	<i>Genesis 25:27-34</i>			
Victory	Jan 29	<i>Acts 7:10</i>			
Victory	Jan 30	<i>Matthew 26:75</i>			
Victory	Jan 31	<i>Jeremiah 29:11</i>			



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